



DR ANGELA MURPHY

Specialist Physician | MBBCH (Wits) | FCP (SA)
Obesity ■ Diabetes ■ Endocrinology

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DR ANGELA MURPHY – SHORT BIO 2026

Dr. Angela Murphy is a Specialist Physician with a strong focus on diabetes and obesity management. Her practice in Sunward Park, Boksburg is an accredited insulin pump centre and functions with a full multidisciplinary diabetes and obesity team.

Dr Murphy holds SCOPE (Strategic Centre for Obesity Professional Education) accreditation from the World Obesity Federation. She has worked as a bariatric physician since 2007 and continues to treat obesity with a holistic approach. Dr Murphy has been part of the committee which developed the first Clinical Practice Guideline for Treatment of Adult Obesity in South Africa.

Dr. Murphy is a regular speaker at CPD (continuing professional development) events and is actively involved in diabetes advocacy and patient education. She is a regular contributor to the online magazine for Diabetes South Africa, and in the last year her advocacy has ventured into the social media space.

Dr. Murphy is a member of SEMDSA (Society of Endocrinology and Metabolism of South Africa), SAMMSS (South African Metabolic Medicine and Surgery Society), NOFSA (National Osteoporosis Foundation) and SOUTH AFRICAN SOCIETY FOR SLEEP AND HEALTH.