

Frozen Grape, Kiwi, Walnut and Honey Yoghurt Bark



INGREDIENTS

A medium size tub of double cream plain yoghurt

A handful of grapes - thinly sliced

2 kiwis cut into thin slices or you can use a small cookie cutter like we did to create shapes for fun

Nuts of your choice - roughly chopped

A squeeze of honey - optional

METHOD

1. Cover a baking tray with non-stick baking paper and then dollop the yoghurt onto it. Using a spatula or wooden spoon spread it out to form a medium to thin layer.
2. Add whatever toppings tickles your fancy. Just sprinkle them all over the yoghurt surface. Squeeze a little honey over everything.
3. Pop it into the freezer for at least 3 hours. Or overnight.
4. Once the yoghurt is frozen solid, take it out of the freezer and break it into pieces before placing it onto a dish. Serve immediately.



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